



City of Streetsboro

# Streetsboro Senior Sentinel

A Publication of the Streetsboro Senior Citizen Services Department

330-626-2398 \* Fax 330-422-1902 \* www.cityofstreetsboro.com

July/ August \* Volume 23 Issue 4

Arthur Scott, Mayor \* Katie Kloetzly, Director



## Check It Out

### Comfort Club

The Comfort Club is a support group that meets monthly to provide compassion, empathy and a supportive presence to each group member that is dealing with a loss of any kind. Led by two certified facilitators, the Comfort Club will provide a safe, non-judgmental, confidential environment for all participants to work through their grief and life's struggles. Whether you loss is from a death, loss of health or independence, or loss of a job, the tools and information provided will be of benefit to you as you move through your personal difficulty. Join us for fellowship and friendship as we all move through our pain to a place of peace and healing. The Comfort Club will meet the second Thursday of every month starting June 8 in the Teen Center. Please note that you do NOT have to be a senior to partake in this group. Comfort Club is presented by Crossroads Hospice of NE Ohio and the Streetsboro Senior Center. Please call Shannon Good at 330-776-3272 with any questions or to RSVP.

### Nutritional and Wellness Seminars

Thanks to the Ohio Attorney General Office Grant, the Foundation will be hosting a series of Nutritional and Wellness seminars free to all seniors. Seminars will be held the *third Thursday* of the month starting June 16<sup>th</sup> and running through September 15<sup>th</sup>. Classes will be presented by Lisa McDaniel RD LD, a registered dietitian and certified in Gerontology. Each session will start at NOON and consist of a 45 minute lecture, question session and light lunch. In order to receive lunch you must RSVP a week prior to the session. For more information please contact the center.

### Scheduled Seminars:

July 21- Your Diet, Drug and Disease Match-Up

August 18- Eating for Your Memory

September 15- Decoding Nutrition Claims & Labels

### CPR Training

Tuesday, July 19

9am-12pm

Lt. Brian Novotny of the Streetsboro Fire Department will be holding free CPR training classes for seniors. Everyone that completes the class will receive their own CPR keychain kit to take home. Limited space is available.

### First Aid Training

Tuesday, July 26

12pm-3pm

Thanks to the Attorney General Grant received by the Foundation first aid training will be provided by Maplewood Career Center for all seniors. Those in attendance will receive a First Aid kit to take home with them. Last Day to RSVP is July 20. For questions or more information please contact the senior center.



### Picnic in the Park

Wednesday, August 3

11am to 2pm

Streetsboro City Park

We will gather at the pavilion in the park at 11:00 am and plan on eating at noon. Games will be available including a lively match or two of corn hole. If the weather does not cooperate then the picnic will be held at the Senior Center (multipurpose room). What to bring? The Foundation will provide the water and pop along with the chicken and jo jo's. Please bring a dish to pass that serves 6 – 8 people (for couples you would need to bring 2 dishes or one large dish to serve 12 – 16 people). Don't forget a tablecloth, lawn chair and any games you wish to play. There is no cost but you will need to RSVP by July 27.

## Closed

The Senior Center will be closed the following day:

Monday, July 4 – Independence Day

## Collection Drive News

The beginning of the school year is right around the corner and we need your help collecting school supplies. The collection box will be out the month of August; all supplies collected will be donated to the Streetsboro School District. Some examples include pens, pencils, crayons, markers (fat washable type), loose leaf notebook paper (wide and narrow rule), one subject notebooks (wide and narrow rule), scissors, color folders with 2 pockets and the list goes on.

## Foundation News

### Hot Dog Sale June 24 and July 22 11am-2pm

Hot dogs can be purchased at a flat rate of a \$1.25. Pop, chips and water can be purchased for \$.50. Please stop on in and show your support!

### Family Days Foundation Craft and Bake Sale July 28-31

Once again the Foundation will be participating with a craft and bake sale and a raffle. We will be at the festival Friday 4-8; Saturday 11-8 and Sunday 11-5. This years raffle for 1<sup>st</sup> prize is an Indians themed corn hole set and 2<sup>nd</sup> prize is a \$50 gas card. Raffle tickets will be on sale July 1<sup>st</sup> and the winner will be chosen Sunday at 4pm. Calling all bakers we need your help! Since the Foundation will be holding a bake sale at the Family Days we will need lots of bakery. Bakery drop off will be Friday 8am- 3pm. If you cannot bake but would still like to help volunteer the booth please contact a board member. Please help support the Foundation.



## Pick-a-Prize Raffle August 22- September 8

Its almost time for the 2<sup>nd</sup> Annual Pick-a-Prize raffles! This year our goal is to raise \$2,000! Last year we had over 60 items to raffle and this year we are looking to have more. What is a Pick-a-Prize Raffle? All of the raffle items are donated and displayed on tables with a corresponding ticket box or bag next to each item. Tickets are sold and the purchaser deposits their tickets, one, two or however many they want in the corresponding box/bag for a chance to win the prize. At the end of the event, a winning ticket is drawn from each container. Tickets will be for sale and items on display starting Monday, August 22 from 8am to 7:00pm in the craft room (same hallway as Senior Center) of City Hall and continue through September 7. Tickets will be sold 1 for \$1 or 10 for \$5. If you would like to contribute by donating a basket or an item for the raffle please contact a board member for more information. Winners will be pulled September 8 at conclusion of the Annual Foundation Banquet you **DO NOT** have to be present to win.

I encourage all members to attend the meetings to voice your opinion on projects and what you would like to see at the center. Board meetings are on the second Thursday of every month at 12:15 p.m. at the Senior Center unless otherwise noted. Meetings are open to members.

- Barbara Fedor, President

## On the Go

The Travel committee has started planning trips for 2011. Listed below are trips scheduled for the year. Seats go fast so make sure to stop in and sign up today. The travel committee meets the first Wednesday of every month at 11:30am and is open to everyone.

### Island Hopping

Kelley's Island & Put-n-Bay  
Wednesday, August 24

Bon Voyage for a full day of fun around Kelley's Island and Put-In-Bay. Experience a wonderful, day long cruise to tranquil Kelley's Island and exciting Put-in-Bay aboard the Goodtime I. Cost is \$80.00 included is motor coach, luncheon buffet aboard the Goodtime I, tram tours, driver's gratuity and all applicable taxes. Arrive to the center at 6:30am and

return to the center at 8:30pm. **Last Day to RSVP is August 12 or until bus is filled.**



### Canterbury Feast

Station Dinner Theatre  
Erie, PA

Sunday, September 25

"It's the 31<sup>st</sup> annual "Feast" where knaves and wenches take you back to the year 1492 for this musical comedy where they not only perform but also serve you the meal with **NO UTENSILS ALLOWED!!!** The show tells the story if a prince who wants to marry, but is having trouble finding a suitable princess. Something is always wrong with those he meets, and he cannot be certain they are true royalty. Comedy ensues when an unseemingly woman shows up claiming to be a princess. The prince's mother decides to test their unexpected guest and... well... we can't give away the ending." Arrive to the center at 11:15am and the bus will return at 8:45pm. Cost is \$72.00. **Limited seats available please register ASAP!!!** **Last Day to RSVP is September 16 or until bus is filled.**

### Meadows Casino

Meadowlands, Pennsylvania  
Wednesday, October 19

Package includes roundtrip motor coach transportation, gaming time at Meadows Casino, and casino incentive of \$20 in slot play. Arrive to the center at 8:00am and the bus will return at 7:30pm. Cost is \$28.00. **Last day to RSVP is October 19 or until bus is filled.**

### Rivers Casino and Hartwood Acres Festival of Lights

Pittsburgh, Pennsylvania  
Wednesday, November 30

Package includes roundtrip motor coach transportation, gaming time at Rivers Casino, casino incentive of \$15 in slot play, \$5 in food, admission to Hartwood Acres Festival of Lights. Arrive to the center at 8:30am and the bus will return at 9:00pm. Cost is \$30. **Last day to RSVP is November 23 or until bus is filled.**



### "Living Christmas Tree" and Mansfield Christmas Lights

Westerville, Ohio

Sunday, December 11

Come to enjoy all the music, drama, live animals, and special effects, including six afternoon performances! Come see your favorite Christmas carols brought to life, and be inspired by the wonder of the biblical Christmas story and the extraordinary life of Jesus Christ. Hundreds of volunteers work countless hours year round to bring you an experience we hope will help set the tone for your Christmas season and the New Year ahead! Cost is \$62 and includes motor coach, "Living Christmas Tree" show, and dinner buffet at Hometown Buffet, Mansfield Christmas light, driver's gratuity and all applicable taxes. Arrive to the center 10:15am and return to the center at 9:00pm. **Last day to RSVP is December 2 or until bus is filled.**

It is your job to find a replacement when you are unable to go on a trip. When you find your **own** replacement, it is up to you to get the money for the trip from your replacement **NOT** the Senior Center. Some trips are more popular than others and could generate a waiting list for any open seats so if you cannot find a replacement on your own, one might be on a waiting list. When you use a replacement from the waiting list, the Senior Center will be responsible for getting the replacement's money to pay for the trip.

The tour guide and/or driver's gratuity on each trip is subject to the discretion of the trip organizer whether or not it will be given out. Check out the itinerary located on the bulletin board over the sign-in sheet for other trip details.

When you sign up for a trip, you **must** pay for it at that time. Names on the list for which fees are not paid will be removed. By putting your name on the sheet does **not** guarantee a spot for you on the trip – **only payment does.**

Keep in mind that these trips could change depending on their availability and the above RSVP dates may also be changed. So call the center if you are interested in a trip. Our trips are available to anyone 21 years and up (some trips, due to the nature of them, are available to those 13 years and above).

If you will be paying by check for your trip, please make it payable to the **City of Streetsboro** **not** the Streetsboro Senior Center. If you mail in your check, please be sure your telephone number is on it and add a note as to what trip you are

paying for. If you are paying for several people, please include their names, addresses and telephone numbers on a separate sheet of paper along with the trip you are paying for.

All the above trips are subject to change without notice.

## What's Happening?

The Foundation and Senior Center sponsored exercise class **Senior Strength and Tone: Geri-Fit** offered by Body Sculpting by Exterior Designs, Inc. is held on Tuesdays and Thursdays from 10:00 - 10:45 a.m. A session is \$12.00 per person (8 classes per session) or \$3.00 per class. The class uses stretch bands and weights to increase and improve your flexibility and strength with an added bonus of exercises. Our instructor is Chris Klemm who is knowledgeable and willing to help you get the best out of this program. For more information contact the Center or stop by during a class and join in for only \$3.00. Classes begin every four weeks provided there are enough participants. Comfortable clothes and water bottle are what you need to bring.

The only time classes are cancelled:

1. City Hall is closed
2. Streetsboro City School classes are canceled for the day due to snow
3. The instructor cancels the class
4. No room is available to conduct the class
5. Senior Center is closed

If for any one of the reasons above a class is cancelled, the class will be made up. If you miss a class and it was held without you, you will not be able to make it up.

**Blood Pressure Check-up's**, will be here the first Tuesday of every month. Check-ups are brought to you by Portage County Visiting Nurse Service and Hospice.

For all of you **Bingo** players, join us the *first and third Tuesday* of the month at 1:00pm for quarter bingo with Carlton Resh.

**Bingo and Breakfast at Eat n' Park** will be the second Tuesday of every month with breakfast starting at 9am followed by Bingo at 10am. Cost: \$4.99 for the all-you can eat breakfast buffet; NO cost for Bingo.

**Wii-** Games include bowling, tennis, boxing, golf, target practice plus many more! Stop in today and play!



- July 5- 11:00am- Chair Volleyball with the Boomerangs of Kent Ridge
- June 5- 1:00pm- Bingo- Sponsored by Gardens of Western Reserve
- July 6- Noon- Lunch and Learn- Summer Safety & Wellness Clinic by Senior Select
- July 7- 11:00am- Chair Volleyball, Wii bowling and lunch at the Twinsburg Senior Center. Last Day to RSVP is June 29.
- July 8- 10:00am- Chair Volleyball, Wii and Lunch with the Chagrin Falls Senior Center. Last Day to RSVP is June 29.
- July 12- 9:00am- Bingo and Breakfast at Eat n'Park
- July 13- 9:00am- Comfort Club with Crossroads
- July 18-11:00am- Noodle Hockey and Lunch with Independence Village of Aurora
- July 19- 9:00am- 12:00pm- CPR Training- See check it out.
- July 21- 1:00pm- Noon- Nutrition and Wellness Seminar topic "Your Diet, Drug and Disease Match-Up". Last Day to RSVP is July 14.
- July 26- Noon- 3pm- First Aid Training- See check it out.
- July 28- noon- Scratch Bowling Team Tournament. A 4 week tournament in which you will draw for partners. League will be begin August 4 from 9am- 2pm. Cost \$2. See Joe for more information.
- July 29- 11:00am- 2:00pm- Foundation's Hot Dog Sale



- August 2- 11:00am- Chair Volleyball with the Boomerangs of Kent Ridge
- August 3- 11:00am- 2:00pm- Picnic in the Park. See Check it Out for more information.
- August 4- Lunch and Learn with Exact Care Pharmacy. ExactCare Pharmacy offers a FREE delivery of your medications to your home and a FREE unique packaging system called the ExactPack to enhance

safety and compliance. ExactCare Pharmacy accepts most insurance plans.

- August 4- 9:00am- 2:00pm- Scratch Bowling League Begins.
- August 9- 9:00am- Breakfast and Bingo at Eat n' Park.
- August 10- 9:00am- Comfort Club with Crossroads
- August 16- 1:00pm- Bingo Sponsored by Maplewood Care Centre
- August 18- Noon- Nutrition and Wellness Seminar. 6:00pm- Island Hopping Trip
- August 26- 10:00am- Chair Volleyball Tournament at the Chagrin Falls Senior Center.

## Flash Back to...



A group attends the 11<sup>th</sup> Annual Senior Celebration of Achievement at NEOUCOM.



Congratulations to Ruth Renkel and Gladys Hall who were recognized at this year's celebration. Thank you ladies for all your hard work!

## City Administration

Important City of Streetsboro telephone numbers  
City Hall ~ 330-626-4942

Arthur Scott, **Mayor** – ext. 105

Ted Gordon, **Finance Director** – ext. 110

Bruce Terrell, **Engineer Director** – ext. 137

Vange Makar, **Water Billing Clerk** – ext. 112

Jeff Pritchard, **Planning, Zoning & Economic Director** – ext. 128

Greg Mytinger, **Parks & Recreation Director**  
330-626-3802

### Building Department

330-626-6069

Bill Miller, **Service Director**

330-626-2856

Lt. Rick Gray, Acting Fire Chief, **Fire Department**

330-626-4664 (non-emergency)

Chief Roy Mosley, Police Chief

### Police Department

330-626-4976 (non-emergency)

## City Council Members

**Bridget Pavlick** – Ward 1

Council President

330-626-3349

**Emerylde Bradley** – Ward 2

Council Vice-President

330-626-3266

**Regis Faivre** – Ward 3

330-626-2109

**Nick Funari** – Ward 4

330-678-2735

**Chuck Kocisko** – At Large

330-626-3366

**Tim Claypoole** – At Large

330-554-3188

**Julie Sanders** – At Large

330-626-4696

The following meetings are held in the Council Chambers located in the front wing of City Hall.

- ❖ Service Committee meetings are held the **first Monday** of each month at 7:00 pm
- ❖ Safety Committee meetings are held the **first Monday** of each month after the Service Committee meeting
- ❖ Finance Committee meetings are held the **second Monday** of each month at 7:00 p.m.
- ❖ Council meetings are held the **fourth Monday** of each month at 7:00 p.m.

These meetings, as others, are open to the public.

Streetsboro Senior Center  
9184 State Route 43  
Streetsboro, Ohio 44241  
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# Picnic Time Fun

S F B A K E D B E A N S S U C  
E A P I M U S T A R D D G O H  
H M U S C Q I O N Z N N C V O  
A I H M A E R C E C I E U S T  
M L C X T B D P I C N I C F D  
B Y T U B R T T I U Y R F V O  
U O E L W A A J E E Z F O K G  
R U K N Y B S N Y A T P T P S  
G O P A D O S K R O W E R I F  
E T K N T M Z J E C K J O P U  
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S X S C L E M O N A D E Y P T  
V P O T A T O S A L A D Q S C  
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W A T E R M E L O N A O D C P  
U S N F H H D J F R U J K L O  
I E N Q M X X U S R X N D E B  
D J D Q D E G N I M M I W S E

- |                        |                  |
|------------------------|------------------|
| <b>Picnic</b>          | <b>Sunshine</b>  |
| <b>Barbeque</b>        | <b>Fireworks</b> |
| <b>Corn on the Cob</b> | <b>Ice Cream</b> |
| <b>Hamburgers</b>      | <b>Family</b>    |
| <b>Hot Dogs</b>        | <b>Friends</b>   |
| <b>Watermelon</b>      | <b>Iced Tea</b>  |
| <b>Potato Salad</b>    | <b>Soda</b>      |
| <b>Baked Beans</b>     | <b>Basket</b>    |
| <b>Lemonade</b>        | <b>Fun</b>       |
| <b>Popsicles</b>       | <b>Ketchup</b>   |
| <b>Swimming</b>        | <b>Mustard</b>   |